



Health and Safety

Telemedicine access begins Monday

Teammates,

Attached is a very important announcement from J.D. Irving, as the company is now providing access to Telemedicine for all employees and your families.

The company will pay for up to four visits per employee with Maple Telemedicine between March 30 and May 31.

This is a tremendous benefit during the current COVID-19 pandemic, as it will allow you to get professional medical advice and even obtain medical prescriptions and have them sent directly to your pharmacy without having to go to a doctor's office or visit already over-stressed hospitals.

I strongly encourage you to visit their website to learn more about the available services at getmaple.ca/jdirving. I intend to use this service myself! Stay healthy.

A handwritten signature in black ink, appearing to read "Kevin".

Kevin